



Pioneer Educational Trust
aspire inspire

Grove Academy Summer Menu 2018

MENU -Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	HALAL Chicken Burgers with Spicy Coleslaw and Wedges	MSC Breaded Salmon Fingers & Chips	Sweet and Sour Quorn with Vegetables and Egg Noodles	HALAL Roasted Lamb Shoulder with Roasted Potatoes and Vegetables	Jacket Potatoes with a selection of fillings
Main Counter - Vegetarian	Creamy Courgette and 5 bean Lasagne with Wholemeal Garlic Bread	Tomato, Olive and Spinach Pasta in Tomato Sauce	Broccoli, Spinach, Sweet Potato and Red Lentil Stew with Naan	Butternut Roast with Salad and Cous Cous	Aubergine, Green Bean & Sweet Potato Curry with Brown Rice
	Seasonal Vegetables - 2 daily				
Vegetables served will include:	Cabbage Courgette	Peas Aubergine	Carrots Sweetcorn	Broccoli French beans	Peppers Spinach
Dessert	Mixed Fruit Smoothies	Chocolate Cornflake Cake	Selection of Fresh Fruit Pots	Real Fruit Ice Lolly	Blueberry Muffins
	Fresh Fruit				
Fruit served will include:	Apples Water Melon	Pears Pineapple	Melon Peaches	Bananas Mandarins	Blueberries Plums
part of PIONEER EDUCATIONAL TRUST Week Commencing: 16th April, 7th May, 4th & 25th June, 16th July					