



Pioneer Educational Trust
aspire inspire

Grove Academy Summer Menu 2018

MENU -Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
				Vegetarian Day	
Main Course	Halal Sticky Asian Chicken Wings with Sweetcorn Rice	MSC Battered Fish Fillets with Chunky Chips and Tartare Sauce	BBQ Pork Ribs, Red Cabbage Slaw and Salad	HALAL Garlic, Lemon and Thyme Chicken Legs, with Stuffing.	BBO Vegetable Pizza with Red Onion on a Wholegrain Base with Coleslaw and Mixed Salad
Main Counter - Vegetarian	Roasted Vegetable & 5 Bean Pasta Bake with Mixed Salad	Mediterranean Omelette with Chips and Salad	Vegetable Burgers with Sweet Potato Wedges and Red Cabbage Slaw	Aubergine Moussaka with a Spinach, Onion and Pepper Salad	Cauliflower & Pumpkin Mac Cheese with Pumpkin Seeds
	Seasonal Vegetables - 2 daily				
Vegetables served will include:	Sweetcorn Spring Onions	Peas Courquette	Carotts Pak choi	Broccoli Mangetout	Cauliflower Cabbage
Dessert	Selection of Fresh Fruit Pots	Peach and Apricot Crumble with Ice Cream	Strawberry and Vanilla Cheesecake	Mixed Berry Tiramisu	Chocolate Cookies
Daily Option Fruit served will include:	Fresh Fruit				
	Apples Water Melon	Pears Pineapple	Melon Peaches	Bananas Mandarins	Blueberries Plums
part of PIONEER EDUCATIONAL TRUST Week Commencing: 23rd April, 14th May, 11th June, 2nd July					