



Pioneer Educational Trust  
aspire inspire

# Grove Academy Summer Menu 2018

MENU -Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken Chow Mein with Egg Noodles	MSC Breaded Fish served with Garden Peas and Chips	HALAL Moroccan Chicken with Cabbage Salad, Couscous and Wholegrain Pitta Bread	Cumberland Sausages with Mash and Greens	HALAL Beef Lasagne with Garlic Bread and Coleslaw
Main Counter - Vegetarian	Vegetable Lasagne with Salad & Garlic Bread	Roasted Pumpkin, Spinach and Goats cheese Tart with Chips and Peas	Vegetable Stir Fry with Black Bean Sauce and Noodles	Vegetarian Sausages with Mash, Seasonal Vegetables and Gravy	Soy Bean, Chilli and Ginger Stir Fry
	Seasonal Vegetables - 2 daily				
Vegetables served will include:	Peppers Aubergines	Peas Sweetcorn	Pak choi Bean sprouts	Mangetout French beans	Carrots Broccoli
Dessert	Lemon Sponge Cake	Banana Cake with Ice Cream	Chocolate and Beetroot Brownie	Strawberry Mousse with Shortbread Biscuits	Selection of Fresh Fruit Pots
Daily Option Fruit served will include:	Fresh Fruit				
	Apples Water Melon	Pears Pineapple	Melon Peaches	Bananas Mandarins	Blueberries Plums
part of PIONEER EDUCATIONAL TRUST Week Commencing: 30th April, 21st May, 18th June, 9th July					